

HUN YUAN WUJI TAICHI

OPENING MOVEMENTS demonstrated by MASTER ZHANG RUE HIN



gather qi

集氣

begin

起式



1st sequence

1st sequence

1st sequence



2nd sequence

2nd sequence

2nd sequence



3rd sequence

3rd sequence

3rd sequence



推 PENG | up

挽 LU | back

挤 JI | forward

按 AN | down